

## Session Plan – Shelter Building

<b>Key Stage:</b> 1,2,3,4	<b>Activity Aims &amp; Learning Outcomes (suggested content and uses of activity):</b>
To practice teamwork, cooperation, and communication skills. To learn relevant knots To encourage and support others	Enjoyment Social and Emotional Awareness Activity Skills Skills for Life Health and Wellbeing Increased Motivation and Appetite for Learning

### Suggested session format:

	<b>Duration:</b>	<b>Activity</b>	<b>Resources</b>
<b>Session Preparation:</b>		<ul style="list-style-type: none"> <li>• Activity area pre check</li> <li>• Check group information – any medical needs, special requirements, group size etc.</li> </ul>	Activity Operating guidelines
<b>Start/ Safety Talk:</b>	10 mins	<ul style="list-style-type: none"> <li>• Welcome and introduction of activity- during the session the participants will work in teams. Each group will have a tarpaulin and ropes to design and build a shelter for their whole group (everyone must be insider). Shelter must be wind prof and rain proof, which will be tested by gently shaking the structure and pouring a bucket of water over it.</li> <li>• Set the scene – think about group and what they wish to achieve i.e., for older groups- Bear Grylls is looking for new contestants for his survivor programme. For primary school groups- you are intrepid explorers that needs to make camp for the night.</li> <li>• Consider learning outcomes of group and individuals and reviewing thereof during the session.</li> <li>• Safety brief- highlight relevant safety points as listed in activity operating guidelines i.e., all materials and objects should be used for the purpose that they are designed for.</li> </ul>	
<b>During the Session:</b>	45 mins	<ul style="list-style-type: none"> <li>• Manage participants ensuring Health and Safety is always adhered to, i.e., only equipment permitted by instructor can be used.</li> <li>• Encourage all participants</li> <li>• Be enthusiastic!</li> </ul>	Tarps Ropes Sticks Logs

<b>Extension Activities:</b>		<ul style="list-style-type: none"> <li>• Ask them about the location- Why here? What makes this a good place to have a shelter?</li> <li>• Ask about the design- where is the entrance? Can the shelter protect the group from sun/ rain/ wind/ animals?</li> <li>• Can the group design and make exciting gadgets to feature in their shelter i.e., defence, shelter or something to do?</li> </ul>	
<b>Review:</b>	5 mins	<ul style="list-style-type: none"> <li>• Confirm any learning that may have taken place.</li> <li>• Ensure equipment is returned to reception ready for next group.</li> <li>• Report any incidents/faults to office or line manager</li> </ul>	