

Activity Risk assessment

Name of activity, event, and location	Cresta Run Hertfordshire Scout Activity Centres- Phasels Wood Activity Centre	Date of risk assessment	October 2024	Name of person doing this risk assessment	Katy Pearce EM HCSC Reviewed by: Doug Stack ACM HCSC
		Date of next review	October 2025		

Hazard- what could go wrong?	Who is at risk?	Assessment of risk	Control measures in place	Remaining risk using control measures
Injury from entrapment and jamming hands/feet	Participants	Medium	<ul style="list-style-type: none"> Participants must always keep hands and feet inside the cart. Suitable closed toed footwear must be worn. It must be ensured the track is clear of moving carts, before participants stand up and remove their cart from the track. 	Low
Injury from impact at the end of the run	Participants	Medium	<ul style="list-style-type: none"> All participants must be wearing an appropriately fitted helmet. A clear demonstration of how to apply the brakes must be explained to participants. Supervising adult must make participants aware of the signs displayed going down the run 'test brakes now', 'apply brakes' and 'stop now' emphasising the importance of obeying the signs. If the track is wet the application of brakes should be applied earlier. Participants must be able to apply brakes when sitting on the cart. If this is not possible they cannot undertake the activity. 	Low
Injury from impact of cart	Participants, Leaders, Instructors	Medium	<ul style="list-style-type: none"> Before a cart goes down a track, ensure no other individuals are stood on the track or at the bottom of the track in a cart. Do not start until it is safe to do so. Only one person per cart and per track at a time. Participants must be able to apply brakes when sitting on the cart. If this is not possible they cannot undertake the activity. 	Low
Weather	Participants, Leaders, Instructors	Low	<ul style="list-style-type: none"> Centre Management Team/Lead Instructors must check weather at start of day and monitor throughout. Sessions must be stopped if wind speeds exceed 24mph, dependant on location. Sessions must be stopped immediately in thunder and lightning, and wait for 30 minutes after end of storm, before recommencing. Sessions to be cancelled in extreme hot or cold temperatures. If the track is wet the application of brakes should be done earlier. 	Low

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Uncontrolled groups of young people	Participants, Leaders, Instructors	Medium	<ul style="list-style-type: none"> Groups must be accompanied by a supervising adult. Group leader is responsible for managing the groups behaviour as stated in the booking terms and conditions. 	Low
Self-led sessions/ equipment	Participants, Leaders	Medium	<ul style="list-style-type: none"> Group leader is responsible to ensure that those running the activity Self-led must have completed and signed a Self-Led Activity Registration Form for the activity. Supervising adult must be shown the activity area/activity equipment by centre staff before commencing the activity or been provided an alternative method. An additional competent adult should be present to supervise individuals that are not engaged on the activity. 	Low
Clients with additional abilities/pre-existing health issues	Participants, Leaders, Instructors	Medium	<ul style="list-style-type: none"> Group leader must provide information about significant medical requirements and additional needs during the booking process. Instructors should discuss any needs with group leaders before the session is started. Lead instructors/management should review information and make any specific adaptations, determined with an individual risk assessment. Group leader is responsible for having access to essential medication i.e. inhalers. Participants with a history of injuries should be warned about the physical nature of taking part in this activity and have read the activity information before starting. 	Low
Novice participants	Participants, Leaders, Instructors	Medium	<ul style="list-style-type: none"> Ratio of 1 supervising adult plus 1 competent adult per 15 participants. Safety briefing given at start of session to identify specific hazards and safety rules to follow and reinforced throughout. 	Low
Failure of equipment	Participants, Leaders, Instructors	Medium	<ul style="list-style-type: none"> Monthly equipment checks are carried out. Routine visual inspections completed and signed off at the start of the day and before each session by the activities team All participants should test their brakes before going down the run. If the activity equipment has a defect during use, the activity must be stopped immediately until repairs are completed, safety checks carried out and verified so activity can recommence. This must be recorded appropriately. 	Low
Poorly maintained activity area	Participants, Leaders, Instructors	Medium	<ul style="list-style-type: none"> Monthly activity area checks are carried out. Routine visual inspections completed and signed off at the start of the day and before each session by the activities team. 	Low

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			<ul style="list-style-type: none"> If the activity area has a defect during use, the activity must be stopped immediately until repairs are completed, safety checks carried out and verified so activity can recommence. This must be recorded appropriately. 	
General Injury	Participants, Leaders, Instructors	Medium	<ul style="list-style-type: none"> Groups are responsible for their own first aid. Groups must have someone adequately trained and have a suitable first aid kit. Additional first aid kit and defibrillator are available at reception/activity and key staff on duty to offer further support if required. 	Low