

## Session Plan – Batak

<b>Key Stage:</b> 1,2,3,4	<b>Activity Aims &amp; Learning Outcomes (suggested content and uses of activity):</b>
Encourage and support others. Improve numeracy goals. Improve reaction.	Enjoyment Confidence Key Skills

### Suggested session format:

	<b>Duration:</b>	<b>Activity</b>	<b>Resources</b>
<b>Session Preparation:</b>		<ul style="list-style-type: none"> <li>Activity area pre check</li> <li>Check group information – any medical needs, special requirements, group size etc.</li> </ul>	Activity Operating guidelines
<b>Start/ Safety Talk:</b>	10 mins	<ul style="list-style-type: none"> <li>Welcome and activity introduction of activity. Explain the aim is to score the highest points in a set time.</li> <li>Set the scene – think about group and what they wish to achieve</li> <li>Consider learning outcomes of group and individuals and reviewing thereof during the session</li> <li>Safety brief- highlight relevant safety points as listed in activity operating guidelines i.e., remove valuable and sharp objects from pocket.</li> </ul>	
<b>During the Session:</b>	45 mins	<ul style="list-style-type: none"> <li>Manage participants ensuring Health and Safety is adhered to at all times, i.e. buttons should only be hit with hands and not feet.</li> <li>Rotate participants so that all people have a go.</li> <li>Motivate participants to get a high score.</li> <li>Be enthusiastic!</li> </ul>	Batak
<b>Extension Activities:</b>		<ul style="list-style-type: none"> <li>Competition / round-robin competition</li> </ul>	
<b>Review:</b>	5 mins	<ul style="list-style-type: none"> <li>Confirm any learning that may have taken place.</li> <li>Ensure equipment is returned to reception ready for next group.</li> <li>Report any incidents/faults to office.</li> </ul>	