

Session Plan – Pioneering

Key Stage: 2,3,4	Activity Aims & Learning Outcomes (suggested content and uses of activity):
To learn how to tie knots and lashings To improve understanding of Pioneering techniques Encourage and support others	Enjoyment Confidence and Character Environmental Awareness Activity Skills Personal Qualities Health and Wellbeing Increased Motivation and Appetite for Learning Broadened Horizons

Suggested session format:

	Duration:	Activity	Resources
Session Preparation:		<ul style="list-style-type: none"> Activity area and equipment pre check Check group information – any medical needs, special requirements, group size etc. 	Activity Operating guidelines
Start/ Safety Talk	10 mins	<ul style="list-style-type: none"> Welcome & activity introduction. Set the scene – think about group and what they wish to achieve. Consider learning outcomes of group and individuals and reviewing thereof during the session Safety brief- Minimum 2 people carrying each pole. 	
During the Session:	45 mins	<ul style="list-style-type: none"> Go through the different pieces of equipment and demonstrate knots and lashings (instructions in additional information). Provide support to the groups building their Pioneering project. Demonstrate proper technique of lashings and Knots Provide group participants with continuous development/ encouragement of new and existing skills. Rotate participants so that all people have a go. Ensure safety throughout. Encourage all participants Be enthusiastic! 	Poles, Ropes

		<ul style="list-style-type: none">• Challenge the confident participants appropriately	
Review:	5 mins	<ul style="list-style-type: none">• Confirm any learning that may have taken place.• Ensure equipment is stored securely.• Report any incidents/faults to office or line manager.	